Academic Success Center Workshops for Spring 2013

Registration for the ASC Workshops is required! Students can register at SuccessCenter.tamu.edu.

“My Very Excellent Mother Just Served Us Nothing” (Understanding human learning, information processing, using different techniques to aid learning)
- February 4th, Monday, 3-3:50pm, 223D Zach
- March 25th, Monday, 3-3:50pm, 223D Zach

“My Mind is Blank” (Test Anxiety, test taking skills)
- March 4th, Monday, 1:50-2:40pm, 223D Zach
- April 10th, Wednesday, 3-3:50pm, 223D Zach

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- March 4th, Monday, 1:50-2:40pm, 223D Zach
- April 10th, Wednesday, 3-3:50pm, 223D Zach

“Why Do I Have to Write That Down?” (Forgetting curve, note-taking techniques)
- February 13th, Wednesday, 1:50-2:40pm, 223D Zach
- April 1st, Monday, 1:50-2:40pm, 223D Zach

“Brain Rules for Success” (Brain rules and brain myths, effects of exercise, sleep, and stress on the brain)
- February 22nd, Friday, 11:30am-12:20pm, 106 Bloc
- March 20th, Wednesday, 3-3:50pm, 223D Zach

“Do or Die: Test Preparation” (Prioritizing study tasks; 5 Day Study Plan)
- February 18th, Monday, 3-3:50pm, 223D Zach
- February 20th, Wednesday, 3-3:50pm, 223D Zach

“Walking the Academic Tight Rope” (Self-regulated learning, motivation, school & life balance)
- March 1st, Friday, 11:30am-12:20pm, 106 Bloc
- April 17th, Wednesday, 1:50-2:40pm, 223D Zach

“I’m Late, I’m Late” (Time management strategies and dealing with procrastination)
- February 11th, Monday, 1:50-2:40pm, 223D Zach
- February 27th, Wednesday, 1:50-2:40pm, 223D Zach

“Do I Have to Buy the Book?: Learning from Textbooks: (Concentration, reading comprehension, text-book reading strategies)
- February 25th, Monday, 1:50-2:40pm, 223D Zach

“Do or Die: Finals Preparation” (Prioritizing study tasks for finals; 5 Day Study Plan)
- April 26th, Friday, 1:50-2:40pm, 223D Zach

“Commit to Success” (Four week, 8 session workshop series)
- Offered several times throughout the semester